





Sunday Monday Tuesday Wednesday Thursday Friday Saturday

Key Codes
*T-Theater
*O-Outing
*L-Library


1.
9:30AM: Morning Walk.
11AM: Chair Zumba
1:30PM: JENGA
3PM: DIY Picture Frame.

2. National Truffle Day
9:30AM: Morning Social With Music.
11AM: Arts & Crafts.
2PM: Truffle Making (Sugar Free) 

3.
9:30AM: Morning Chair Exercise.
11AM: Canvas Painting. 
1:30PM: BINGO
3PM: Shirley Temple's & Appetizer's.
6:30PM: Movies & Popcorn. (*T)

4. National Bird Day
10AM: Sunrise Sit & Stretch.
1:30PM: Book Club. (*L)
3PM: DIY Bird House.
6:30PM: Movies & Popcorn. (*T) 

5. CINCO DE MAYO
10AM: Sunday morning service at Grace Church. (*O)
1:30PM: Arts & Crafts. (Cinco De Mayo Themed) 
3PM: Cooking With Seth (Guacamole & Mocktails)
6:30PM: Movies & Popcorn. (*T)

6. National Nurse's Day
9:30AM: Morning Walk
11AM: Bracelet Making.
1:30PM: BINGO
3PM: "Roll The Dice" Exercises. 


7.
9:30AM: Morning Social With Music.
11AM: Journaling.
1:30PM: Garden Club
3PM: Chair Zumba

8. National Receptionist Day
9:30AM: Sunrise Sit & Stretch.
11AM: Arts & Crafts
1:30PM: Grace & Frankie. (*T)
3PM: Puzzle Making

9.
9:30AM: Morning Walk
11AM: The "Grateful Group"
1:30PM: Dollar Store Trip (*O)
3PM: DIY Spa Hour (With Aromatherapy)

10.
9:30AM: Morning Social With Music.
11AM: DIY Vision Board's.
1:30PM: BINGO
3PM: Chair Exercises
6:30PM: Movies & Popcorn. (*T)

11.
10AM: Sunrise Sit & Stretch.
1:30PM: Book Club. (*L)
3PM: JENGA
6:30PM: Movies & Popcorn. (*T)


12. Mothers Day 
10AM: Sunday Morning Service at Grace Church. (*O)
1:30PM: Mother's Day Paint & Sip.
3PM: Mothers Day "At Home Spa" Hour.
6:30PM: Movies & Popcorn. (*T)

13.
9:30AM: Morning Walk.
11AM: Arts & Crafts
1:30PM: BINGO
3PM: Chair Exercises

14.
9:30AM: Morning Social With Music.
11AM: Canvas Painting
1:30PM: UNO
3PM: Chair Zumba

15.
9:30AM: Morning Mindfulness & Meditation
11AM: The "Happiness Jar" project.
1:30PM: Grace & Frankie (*T)
3PM: "Two Truth's and a Lie"

16. National Do Something Good for your Neighbor Day.
9:30AM: Morning Walk
11AM: The "Grateful Group"
1:30PM: Arts & Crafts
3PM: DIY Spa Hour

17. National Pizza Party Day
9:30AM: Morning Social With Music.
11AM: Make Your Own Mini Pizza's. 
1:30PM: BINGO
3PM: "Mocktails" and Cheese.

18. Armed Forces Day
10AM: Sunrise Sit & Stretch.
1:30PM: Book Club. (*L)
3PM: Letters of Gratitude (Write to our Troops)
6:30PM: Movies & Popcorn. (*T) 