




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 9a Strength and Balance 10a BINGO 11a Tabletop Ping pong 1p Journaling Club! 2p Black Jack 3p Trivia 4p Movie and Popcorn	9a Leg Band Exercises 10a BINGO 11a Tabletop Ping pong 1p Journaling Club! 2p Black Jack 3p Trivia 4p Movie and Popcorn	9a Upper arm Strengthening 10a Hearing things game 11a National Nutrition Month, "Healthy snacking" 1p Walking Club 3p Nomination day for President of Resident Council! Reelect or choose a new President!	National Anthem Day! 9a Strength and Balance 10a BINGO 11a Crocheting Club! 1p Elliott Gordon Presentation for National Anthem Day! 3p Church Service	9a Strength and Balance 10a Ice breakers 11a Spring Coloring 1p The Oldies Club! Come down and converse, we will have refreshments! 3p Arm chair Travel to Mexico! 4p Cooking Corner * tostadas*	9a Strength and Balance 10a BINGO 11a Shamrock Art 1p National Employee Appreciation Day! Wear your favorite Basketball Jersey for March Madness today! 3p Wheel of fortune Tournament	10a Converse on Lounges! 12p Trivia 2p Adult Coloring	
9a Strength and Balance 10a Pokeno 11a Coffee and Tunes 1p Black Jack Tournament 3p Table top Ping- Pong 4p Crosswords	International Women's Day! 9a Upper body Strengthening 10a BINGO 11a Manicure Madness 1p Wine and cheese 3p Black Jack 4p Movie and Popcorn	9a Exercises 10a POKENO 11a Shuffle board 1p Walking Club 2p Spring time crossword 3p Church Service	9a Strength and Balance 10a BINGO 11a Crocheting Club 1p Trivia 2p Arm chair travel to St. Lucia 3p Cooking Corner *Salt fish and green bananas*	9a Leg Exercises 10a Women's History Month remembrance 11a Coffee hour 1p Healthy Snacking 2p Yoga session with Courtney 3p Up to date on Current Events	9a Leg Band Exercises 10a BINGO 11a March Madness Photo shoot! Shoot for the Stars! 1p Shamrock Shakes 3p Wheel of fortune Tournament!	10a Converse on Lounges! 12p Pokeno 2p Jeopardy	
9a Strength and Balance 10a BINGO 11a Coffee and Tunes 1p Monopoly board game 3p Corn hole match 4p Water color painting Daylight Saving Time Begins	9a Strength and Balance 10a BINGO 11a Beaded Shamrocks 1p Name that 70s Tune 2p Ice breakers 3p Uno card game 4p Movie and Popcorn	National Social worker's month 9a Strength and Balance 10a Bloom Canvas Art 11a Trivia 1p Walking Club 2p Arm chair Travel to Newport, Rhode Island! 3p Cooking Corner * Calm cakes*	9a Strength and Balance 10a BINGO 11a Crocheting Club! 1p St Patty's Day Party!	9a Exercises 10a Pokeno 11a Corn hole 1p Resident Council 3p Manicure Madness 4p Dart game	9a Strength and Balance 10a BINGO 11a Swish your stress away for March Madness! 1p Taboo Game" Bring your thinking caps" 3p Wheels of fortune Tournament!	10a Converse on Lounges! 12p Healthy Snacking 2p Cornhole WELCOME SPRING	
9a Dumb bell Strengthening 10a Pokeno 11a Hand Massages 1p Shuffleboard 2p Jeopardy 3p Jenga 4p Water color painting St. Patrick's Day	9a Strength and Balance 10a BINGO 11a Lets make a bird house 1p Table top Bowling 2p Arm Chair Travel to Alaska 3p Cooking Corner* fish and chips* 4p Movie and Popcorn	9a Strength and Balance 10a Elliott Gordon Presentation 11a Rainbow Lookers Craft 1p Walking Club 2p Ice cream social 4p Up to date on Current Events	9a Strength and Balance 10a BINGO 11a Crocheting Club! 1p Name that 60s song 2p Coffee and Tunes! 3p Lets get silly and make Tik Toks.	9a Strength and Balance 10a Spring Cleaning. Clean out your closet and donate what you donate what you don't want! 1p The Oldies Club! We will have refreshments! 3p Church Service	9a Upper Body Strengthening 10a BINGO 11a March Madness Pong 1p Happy Hour 3p Wheel of fortune Tournament!	10a Converse on Lounges! 12p Water coloring Painting 2p Trivial Pursuit! Spring Begins	
9a Dumb Bell Strengthening 10a BINGO 11a Coffee and Healthy snacking 1p Musical Chairs 2p Trivia 3p Crosswords 4p Adult Coloring Palm Sunday	9a Strength and Balance 10a BINGO 11a Jenga 1p War card game 2p Good Guess 3p Spring Bucket list 2021 4p Movie and Popcorn	9a Dumb bell Exercises 10a Coffee and Tunes 11a Church Service 1p Pen pal check up 3p Karaoke time! 4p Hearing things game.	9a Strength and Balance 10a BINGO 11a Crocheting Club! 1p Monthly Auction! Bring your tickets. 3p Uno Card Game	 <h1>March 2021</h1> 			Passover Begins

The Sentinel of Amsterdam. All Activities will be held by Recreation Director Catie Badawy unless otherwise noted!