





| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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|  | <p>All Activities will be held in the Activity room, by the Activity Director, activity aide, or personal care aide, unless otherwise noted.</p> |  |
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| <p><b>3</b></p> <p style="text-align:center;"></p> <p>10am- Church Service on room-floorTV<br/>1pm- NFL Football</p>                  | <p><b>4</b></p> <p>10am- Bingo<br/>11am- Trivia<br/>1pm- Name that tune<br/>8pm- Monday Night Football</p>            | <p><b>5</b></p> <p>10am- Yoga with Courtney<br/>1pm- Hot Topics<br/>3pm- Movie</p>   | <p><b>6 National Pumpkin Seed Day</b></p> <p>10am- Bingo<br/>11am- Pumpkin Carving and Seed Baking</p>   | <p><b>7</b></p> <p>10am- Yoga with Courtney<br/>1pm- Fall Drive</p>                                    | <p><b>1 National Pumpkin Spice Day</b></p> <p>10am- Pumpkin Spice Coffee Buffet<br/>1pm- Tabletop Bowling</p>   | <p><b>2</b></p> <p>10am- Bingo<br/>1pm- Coffee Chat<br/>6pm- Movie</p>  |
| <p><b>10</b></p> <p style="text-align:center;"></p> <p>10am- Church Service on room- floor TV<br/>1pm- NFL Football</p>               | <p><b>11 Columbus Day 12</b></p> <p>10am- Bingo<br/>1pm- Cheese and Cracker Social<br/>8pm- Monday Night Football</p> | <p><b>12</b></p> <p style="text-align:center;"></p> <p>10am- Yoga with Courtney<br/>1pm- Garden Harvest and Cleanup</p> | <p><b>13</b></p> <p style="text-align:center;"></p> <p>10am- Bingo<br/>11am- Apple Orchard Outing<br/>1pm- Apple Orchard Outing</p> | <p><b>14 National Desert Day</b></p> <p>10am- Yoga with Courtney<br/>1pm- Coffee and Desert Social</p> | <p><b>8</b></p> <p>10am- Strength and Balance<br/>1pm- Karaoke</p>  | <p><b>9</b></p> <p>10am- Bingo<br/>1pm- Coffee Chat<br/>6pm- Movie</p>  |
| <p><b>17</b></p> <p style="text-align:center;"></p> <p>10am- Church Service on room-floorTV<br/>1pm- NFL Football</p>               | <p><b>18</b></p> <p>10am- Bingo<br/>1pm- Name that tune<br/>8pm- Monday Night Football</p>                            | <p><b>19</b></p> <p>10am- Yoga with Courtney<br/>1pm- Tabletop Bowling</p>   | <p><b>20</b></p> <p>10am- Bingo<br/>1pm- Cornhole</p> <p style="text-align:center;"></p>   | <p><b>21</b></p> <p>10am- Yoga with Courtney<br/>1pm- Resident Council</p>                             | <p><b>15</b></p> <p>10am- Fit and Fab<br/>1pm- Karaoke</p> <p style="text-align:center;"></p>                           | <p><b>16</b></p> <p>10am- Bingo<br/>1pm- Coffee Chat<br/>6pm- Movie</p> |
| <p><b>24</b></p> <p>10am- Church Service</p> <p style="text-align:right; font-size: 2em;">31</p> <p style="text-align:center;"></p> | <p><b>25</b></p> <p>10am- Bingo<br/>1pm- Puzzle Pictures<br/>8pm- Monday Night Football</p>                           | <p><b>26</b></p> <p>10am- Yoga with Courtney<br/>1pm- Popcorn Bar</p>  | <p><b>27</b></p> <p>10am- Bingo<br/>1pm- Halloween Tales</p>   | <p><b>28</b></p> <p>10am- Yoga with Courtney<br/>11am- Halloween Scrabble</p>                          | <p><b>29 HALLOWEEN BASH!</b></p> <p><b>12:30pm-2:00pm Refreshments and Fun!</b></p> <p style="text-align:center;"></p> | <p><b>30</b></p> <p>10am- Bingo<br/>1pm- Coffee Chat<br/>6pm- Movie</p> |