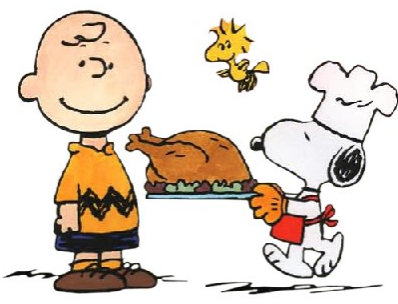



NOVEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1. <u>8:30 YOGA-1</u> <u>9:30 Coffee & Music -A</u> <u>10:30 Traveling Library-A</u> <u>1PM Music-90's</u> <u>6PM Movie-History</u>	2. <u>8:30 Exercise-1</u> <u>9:30 Coffee & Music -A</u> <u>10:30 Art and Crafts-L</u> <u>1PM Table Games-L</u> <u>2PM Wheel of Fortune-A</u>	3. <u>8:30 Stretches—1</u> <u>9:30 Coffee & Music -A</u> <u>10:30 Trivia-A</u> <u>1PM Volleyball-1</u> <u>6PM Movie- NEW</u>	4. <u>8:30 YOGA-1</u> <u>9:30 Coffee & Music -A</u> <u>10:30 Door Decorating-A</u> <u>1PM Men's Group- 2</u> <u>2PM Coffee Club-A</u>	5. <u>8:30 Stretches-1</u> <u>9:30 Coffee & Music -A</u> <u>10:30 Traveling Library-A</u> <u>1PM MUSIC -80's -2</u> <u>1:30PM MOVIE Musical-2</u>	6. <u>10:00 Exercise-1</u> <u>10:30 HELP CENTER</u> <u>1PM Photography-L</u>
7. <u>10:00 Exercise-1</u> <u>10:30 HELP Center</u> <u>1PM POKER-L</u>	Cappuccino Day 8. <u>8:30 Tai Chi-1</u> <u>9:30 Coffee & News -A</u> <u>10:30 Traveling Library-A</u> <u>1PM Corn hole—A</u> <u>2:30 Coffee Club-A</u>	9. <u>8:30 YOGA-1</u> <u>9:30 Coffee & Music -A</u> <u>11AM TRIVIA-1</u> <u>1PM Music-60's-1</u> <u>2PM Cooking Class-1</u>	10. <u>8:30 Stretches—1</u> <u>9:30 Coffee & Music -A</u> <u>10:30 BINGO-2</u> <u>1PM Cornhole—A</u> <u>2PM Price is Right—A</u>	Veterans Day 11. <u>8:30 YOGA-1</u> <u>9:30 Coffee & Music -A</u> <u>10:30 LOTTO-A</u> <u>1PM Women's Group- 2</u> <u>6PM Movie-Drama—2</u>	12. <u>8:30 Dancing Exercise-1</u> <u>9:30 Coffee & Music -A</u> <u>10:30 Traveling Library-A</u> <u>1PM Aromatherapy-A</u> <u>1:30 MOVIE OLD-2</u>	13. <u>10:00 Exercise-1</u> <u>10:30 Help Center</u> <u>1PM Spanish Lesson-L</u>
14. <u>10:00 Exercise-1</u> <u>10:30 Art and Crafts-L</u> <u>1PM Weekend Conversation-L</u>	Recycling Day 15. <u>8:30 Stretches—1</u> <u>9:30 Coffee & Music -A</u> <u>10:30 Traveling Library-A</u> <u>1PM Trivia-A</u> <u>6PM MOVIE-2</u>	16. <u>8:30 Exercise-1</u> <u>9:30 MUSIC and Coffee -A</u> <u>10:30 Aromatherapy-1</u> <u>1PM Donations-A</u> <u>2PM Coffee Club—A</u>	Take a Hike Day 17. <u>8:30 Yoga -1</u> <u>9:30 Coffee & Music -A</u> <u>10:30 Walmart Shopping</u> <u>1PM Walking Group</u> <u>6PM Movie—2</u>	Great American Smokeout 18. <u>8:30 Exercise -1</u> <u>9:30 Coffee & Music -A</u> <u>10:30 BINGO-2</u> <u>1PM Men's Group—2</u> <u>2PM SHAKE- Maple-A</u>	19. <u>8:30 Sweating to Oldies-1</u> <u>9:30 Coffee & Music -A</u> <u>10:30 Traveling Library-A</u> <u>1PM Music-50's-1</u> <u>2:30PM By The Fireplace-L</u>	20. <u>10:00 Yoga-1</u> <u>10:30 Art and Craft—L</u> <u>1PM Weekend Conversation</u>
21. <u>10:00 Yoga-1</u> <u>10:30 Help Center</u> <u>1PM UNO Card Game-L</u>	22. <u>8:30 YOGA-1</u> <u>9:30 Coffee & Music -A</u> <u>10:30 Traveling Library-A</u> <u>1PM Family Feud-2</u> <u>2:00 Resident Council - D</u>	23. <u>8:30 Stretches-A</u> <u>9:30 Coffee & Music -A</u> <u>10:30 Bead Making-2</u> <u>1PM Cornhole-1</u> <u>2PM Birthday Celebration A</u>	Drinks Giving 24. <u>8:30 Tai Chi—1</u> <u>9:30 Coffee & Music -A</u> <u>10:30 Art and Crafts-L</u> <u>1PM Trivia-A</u> <u>2PM Party and Cocktails-D</u>	THANKSGIVING 25. <u>9:30 Coffee and Music—A</u> <u>10:30 Charlie Brown Thanksgiving Movie-2</u> <u>1PM Thanksgiving Movie-2</u>	26. <u>8:30 Exercise—1</u> <u>9:30 Coffee & Music -A</u> <u>10:30 Traveling Library-A</u> <u>1PM Music Hour-1</u> <u>3PM Help Center—L</u>	27. <u>10:0 Yoga-1</u> <u>10:30 HELP CENTER—L</u> <u>1PM POKER-l</u>
Hanukkah Starts 28. <u>10:00 Exercise-1</u> <u>10:30 Hanukkah Music—2</u> <u>1PM Table Games—L</u>	29. <u>8:30 YOGA—1</u> <u>9:30 Coffee & Music -A</u> <u>10:30 Traveling Library-A</u> <u>1PM Music R n'B - 2</u> <u>6PM MOVIE-2</u>	30. <u>8:30 Exercise -1</u> <u>9:30 Coffee & Music -A</u> <u>10:30 Aromatherapy-A</u> <u>1PM Food Council-D</u> <u>2PM Award's Ceremony-D</u>				

All activities will be held and facilitated by Director of Activities Lisa and Assistant Bryan unless noted.

To locate the activities use your key code below.

A—All floors, 1-1st floor lounge, 2- 2nd floor Lounge, P— Patio, D—Dining Hall L-Library

Snacks and refreshments are served at 3pm and 8pm