

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2022



The Sentinel of Amsterdam Activities

								Puzzle Packets 1:30 Movie Matinee 7:00 Bingo <small>New Year's Day</small>	1
11:00 Holy Communion Service with Grace 7:00 Bingo	2 10:30 Bingo 1:00 Primal Reach Drum Circle 1:00 Food Committee (in the Family Dining Room, off of the lobby) 2:30 Horseshoes	3 10:00 Tuesday Trivia 10:30 Yoga with Courtney (in the library) 1:00 Chair Exercise 2:00 Pokeno	4 10:00 Bingo 1:00 Walmart Bus Trip 3:00 Balloon Volleyball	5 10:00 Tabletop Billiards 10:30 Yoga with Courtney (in the library) 1:00 Chair Exercise 1:30 Bible Study with Grace (in the library) 1:30 Picture Puzzles	6 10:00 Bingo 1:00 Tabletop Volleyball 2:00 Elvis IQ 3:00 I Know New York			Puzzle Packets 1:30 Movie Matinee 7:00 Bingo	8
11:00 Holy Communion Service with Grace 7:00 Bingo	9 10:30 Bingo 1:00 Funny Drawing 1:30 Introduction to Sign Language	10 10:00 Animals A-Z 10:30 Yoga with Courtney (in the library) 2:00 Performance by Donny "Elvis"	<i>Dozen Day</i> 11 10:00 Bingo 1:00 Big Lots Bus Trip 3:00 Round the Clock Dice Game & Facts About the Number 12	12 10:00 Jumbo Ring Toss 10:30 Yoga with Courtney (in the library) 1:30 Bible Study with Grace (in the library) 2:00 Memorial Service for Edwin K.				Puzzle Packets 1:30 Movie Matinee 7:00 Bingo	15
11:00 Holy Communion Service with Grace 7:00 Bingo	16 10:30 Bingo 1:30 Martin Luther King, Jr. Facts & Fun <small>Martin Luther King Jr. Day</small>	17 10:00 "Six" Dice Game 10:30 Yoga with Courtney (in the library) 2:00 Amsterdam History with Bob Cudmore	18 10:00 Chair Exercise 11:00 Bus Trip for Lunch at Pizza Hut 2:00 Bingo	19 10:00 Hangman 10:30 Yoga with Courtney (in the library) 1:00 Pictionary 1:30 Bible Study with Grace (in the library) 2:30 Chair Exercise				Puzzle Packets 1:30 Movie Matinee 7:00 Bingo	22
11:00 Holy Communion Service with Grace 7:00 Bingo <small>Activity Professionals Week</small>	23 10:30 Bingo 1:00 Baking Group 3:00 Chair Exercise	24 10:00 Jeopardy 10:30 Yoga with Courtney (in the library) 1:00 Chair Exercise 1:30 Zingers (Humor) 2:30 Craft Corner	25 10:00 Bingo 1:00 Target Bus Trip 3:00 Charades <small>Australia Day (observed)</small>	26 10:00 Pokeno 10:30 Yoga with Courtney (in the library) 1:00 Resident Council 1:30 Bible Study with Grace (in the library) 3:00 Chair Exercise				Puzzle Packets 1:30 Movie Matinee 7:00 Bingo	29
11:00 Holy Communion Service with Grace 7:00 Bingo	30 10:30 Bingo 1:00 Kan Jam 2:00 Flip Five Card Game	31 <u>January Birthdays:</u> 1/1 James L. 1/2 Carole F. 1/8 Kevin B. 1/17 Josephine C. 1/20 Glenda A. 1/21 Joellen P. 1/21 Hugh C. 1/23 George C.	Happy January Birthday! 						