



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div>					<b>1</b> 10:30 11:30A.M Morning Exercise Group (LE) 1:00-2:00P.M. Discussion Group (LE) <b>2:00-3:00P.M. Resident Led Shabbat Service</b> (PDR) 3:30-4:30P.M. Supper BINGO (LE) 6:00-8:00P.M. Movie TBA (T)	<b>2</b> 9:30-10:00A.M. Current Events (LB) 10:30-11:30A.M. Walk it Out (R) 1:00-2:00P.M. Spanish Rosary (PDR) 3:00-4:00 P.M. Word Search/ Puzzles/Coloring (LB)
<b>3</b> 10:20 11:45A.M Faith Bible Van (O) 1:00-2:00P.M. Walk it Out (R) 3:00 5:00P.M. Movie TBA (T) 6:00-7:00P.M. Individual Word Search/ Puzzle/ Tabletop Games (LE)	<b>4</b> <b>*Allowance Day*</b> 9:30-10:00A.M Current Events (LE) 10:30-11:30A.M. Chair Yoga (LE) 1:00-2:30P.M. Word Search, Coloring & Puzzles/ Table Games (LE) 1:30-2:30P.M. Bible Study (PDR) 3:30-4:30P.M. Trivia Game (LE) 5:30-7:00P.M. <b>Sunshine club w Kevin</b> (LE) 6:00-8:00P.M. Movie TBA (T)	<b>5</b> 10:30-11:30A.M.Balloon Volleyball (LE) 1:00-2:00P.M. Storytelling (LE) 2:00-3:00P.M. <b>Painting Group w Tracy</b> (LE) 3:30-4:30P.M. BINGO 6:00-8:00P.M. Movie TBA (T)	<b>6</b> 10:30-11:30 A.M. Music & Movement (LE) 1:00-1:30 P.M. Rosary (PDR) 1:30-2:00P.M. <b>Exploring Arts &amp; Crafts</b> (LE) 2:30-3:30P.M. Tabletop Games (LE) 3:30-4:30P.M. BINGO (LE) 6:00-8:00 P.M. Movie TBA (T)	<b>7</b> 10:30 11:30A.M. Morning Exercise Group (LE) 1:00-2:00P.M. Arts/ and Crafts (LE) 1:30-3:00P.M. <b>Chess Club</b> (LE) 1:30-3:00P.M. Tabletop Games (LE) 3:30-4:30P.M. BINGO (LE) 6:00-8:00P.M. Movie TBA (T)	<b>8</b> 10:30-11:30 A.M. Chair Yoga (LE) 1:00-2:00 \$\$ <b>DOLLAR STORE</b> \$\$ (LE) 2:00-3:00P.M. <b>Resident Led Shabbat Service</b> (PDR) 3:30-4:30P.M Supper BINGO (LE) 6:00-8:00 P.M. Movie TBA (T)	<b>9</b> 9:30-10:00A.M. Current Events (LB) 10:30-11:30A.M. Walk it Out (R) 1:00-2:00P.M. Spanish Rosary (PDR) 3:00-4:00P.M. Word Search/ Puzzles, Coloring (LB)
<b>10</b> 9:30-10:00A.M Current Events (LB) 10:20 11:45 A.M Faith Bible Van (O) 1:00-2:00P.M. Walk it Out (R) 3:00 5:00P.M. Movie TBA (T) 6:00-7:00P.M. Individual Word Search/ Puzzle/Tabletop Games (LE)	<b>11</b> 9:30-10:00A.M Current Events (LE) 10:30-11:30A.M. Chair Yoga (LE) 1:00-2:30P.M. Word Search, Coloring & Puzzles (LE) 1:30-2:30P.M. Bible Study (PDR) 3:30-4:30P.M. <b>Trip to Walmart</b> (O) 5:30-7:00P.M. <b>Sunshine CLUB w Kevin</b> (LE) 6:00-8:00P.M. Movie TBA (T)	<b>12</b> 10:30-11:30 A.M. Music & Movement (LE) 1:00-2:00P.M. <b>Resident Council Meeting.</b> (LE) 2:00-3:00 P.M. <b>Sports Talk w Sandi</b> (LE) 3:30-4:30 P.M. BINGO (LE) 6:00-8:00 P.M. Movie TBA (T)	<b>13</b> 9:30-10:00A.M Current Events (LE) 10:30-11:30A.M. Balloon Volleyball (LE) 1:00-1:30P.M. Rosary (PDR) 1:30-2:00P.M. <b>Mass w Father Silva</b> (PDR) 2:00-2:30P.M. <b>Table Talk w Nia</b> (LE) 2:30-3:30P.M. Trivia Games (LE) 3:30-4:30P.M. BINGO (LE) 6:00-8:00P.M. Movie TBA (T)	<b>14</b> 10:30 11:30A.M. Morning Exercise Group (LE) 1:30-3:00P.M. <b>Chess Club</b> (LE) 1:30-3:00P.M. Tabletop Games (LE) 3:30-4:30P.M. BINGO (LE) 6:00-8:00P.M. Movie TBA (T)	<b>15</b> 10:30-11:30A.M Music & Movement (LE) 1:00-2:00P.M. <b>Music w. Donna</b> (LE) 2:00-3:00P.M. <b>Resident Led Shabbat Service</b> (PDR) 3:30-4:30P.M. Supper BINGO (LE) 6:00-8:00P.M. Movie TBA (T)	<b>16</b> 9:30-10:00A.M. Current Events (LB) 10:30-11:30A.M. Walk it Out (R) 1:00-2:00P.M. Spanish Rosary (PDR) 3:00-4:00P.M. Word Search/ Puzzles, Coloring (LB)
<b>17</b> 9:30-10:00A.M Current Events (LB) 10:20 11:45A.M Faith Bible Van (O) 1:00-2:00P.M. Walk it Out (R) 3:00 5:00P.M. Movie TBA (T) 6:00-7:00P.M. Individual Word Search/ Puzzle/ Tabletop Games (LE)	<b>18</b> 10:30-11:30A.M . Balloon Volleyball (LE) 1:00-2:30P.M. Word Search, Coloring & Puzzles (LE) 1:30-2:30P.M. Bible Study (PDR) 3:30-4:30P.M. Trivia Game 5:30-7:00P.M. <b>Sunshine CLUB w Kevin</b> (LE) 6:00-8:00 P.M. Movie TBA (T)	<b>19</b> 9:30-10:00A.M Current Events (LE) 10:30-11:30A.M. Chair Yoga (LE) 1:00-2:00P.M. <b>Food Committee Meeting</b> (LE) 2:30-3:30P.M. <b>Discussion Group: Interesting Animals</b> (LE) 3:30-4:30P.M. BINGO (LE) 6:00-8:00P.M. Movie TBA (T)	<b>20</b> 10:30-11:30A.M. Balloon Volleyball (LE) 1:00-1:30P.M. Rosary (PDR) 1:30-2:00P.M. Tabletop Games (LE) <b>2:30-3:30P.M. *Birthday Party w Juan Ortega*</b> (LE) 3:30-4:30P.M. BINGO (LE) 6:00-8:00P.M. Movie TBA (T) 	<b>21</b> 10:30 11:30A.M. Chair Yoga (LE) 1:30-3:00P.M. <b>Chess Club</b> (LE) 1:30-3:00P.M. Tabletop Games (LE) 1:30-3:00P.M. Exploring Watercolor Painting (LE) <b>2:00-3:00P.M. Sports Talk w Sandi</b> (LE) 3:30-4:30P.M. BINGO (LE) 6:00-8:00P.M. Movie TBA (T)	<b>22</b> 10:30 11:30A.M Balloon Volleyball (LE) 1:00-2:00P.M. Trivia Game (LE) <b>2:00:3:00 P.M. Resident Led Shabbat Service</b> (PDR) <b>2:00-2:30P.M. ZUMBA w Suzi</b> (LE) 3:30-4:30P.M. Supper BINGO (LE) 6:00-8:00P.M. Movie TBA (T)	<b>23</b> 9:30-10:00A.M. Current Events (LB) 10:30-11:30A.M. Walk it Out (R) 1:00-2:00P.M. Spanish Rosary (PDR) 3:00-4:00P.M. Word Search/ Puzzles, Coloring (LB)
<b>24</b> 9:30-10:00A.M Current Events (LB) 10:20 11:45A.M Faith Bible Van (O) 1:00-2:00P.M. Walk it Out (R) 3:00 5:00P.M. Movie TBA (T) 6:00-7:00P.M. Word Search/ Puzzle/ Tabletop Games (LE)	<b>25</b> 9:30-10:00A.M Current Events (LE) 10:30-11:30A.M. Exercise Group (LE) 1:00-2:30P.M. Word Search, Coloring & Puzzles (LE) 1:30-2:30P.M. Bible Study (PDR) 3:30-4:30P.M. Table Talk w Staff (LE) 5:30-7:00P.M. <b>Sunshine CLUB w Kevin</b> (LE) 6:00-8:00P.M. Movie TBA (T)	<b>26</b> 9:30-10:00A.M Current Events (LE) 10:30-11:30A.M . Balloon Volleyball (LE) 1:00-1:45P.M. Word Games/ Riddles (LE) 2:00-3:00P.M. Craft Corner (LE) 3:30-4:00P.M. BINGO (LE) 6:00-8:00P.M. Movie TBA (T)	<b>27</b> 9:30-10:00A.M Current Events (LE) 10:30-11:30A.M. Balloon Volleyball (LE) 1:00-1:30P.M. Rosary (PDR) 1:30-2:00P.M. <b>Mass w Father Silva</b> (PDR) 2:30-3:30P.M. Exploring Arts and Crafts activity (LE) 3:30-4:30P.M. BINGO (LE) 6:00-8:00P.M. Movie TBA (T)	<b>28</b> 10:30 11:30A.M Morning Exercise (LE) 1:30-3:00P.M. Chess Club (LE) 1:30-2:00P.M. Tabletop Games (LE) 2:00-3:00P.M. <b>*Ice Cream Truck* (P)</b> (LE) 3:30-4:30P.M. BINGO (LE) 6:00-8:00P.M. Movie TBA (T)	<b>29</b> 10:30 11:30 A.M Balloon Volleyball (LE) 1:00-2:00P.M. Tabletop Games (LE) <b>2:00-3:00P.M Resident Led Shabbat Service</b> (PDR) 3:30-4:30P.M. Supper BINGO (LE) 6:00-8:00P.M. Movie TBA (T)	<b>30</b> 9:30-10:00A.M. Current Events (LB) 10:30-11:30A.M. Walk it Out (R) 1:00-2:00P.M. Spanish Rosary (PDR) 3:00-4:00P.M. Word Search/ Puzzles, Coloring (LB)
<b>31</b> 9:30-10:00A.M Current Events (LB) 10:20-11:45A.M Faith Bible Van (O) 1:00-2:00P.M. Walk it Out (R) 3:00 5:00P.M. Movie TBA (T)	Life-Enrichment Room (LE) Outing Meet at Front Desk (O) Dining Room (D) Self Led (SL) Resident Led Activity (R) Library (LB) Private Dining Room (PDR)			Please Note: <i>All Life Enrichment Activities and locations are subject to change</i> Unless indicated all Life-Enrichment activities are led by Sentinel at Mohegan Lake staff Therapy dog, <b>Duke</b> , visits every Monday <b>10:20-11:20A.M.</b> (Facility Wide)		

6:00-7:00P.M. Word Search/ Puzzle/ Tabletop Games (LB)		
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