

The Sentinel Port Jarvis – Happenings for September 2025

	1 10:30 AM BYOM Coffee Shop (SL) 10:45-11:15 AM Really Good News 1:30-2:30 PM Occupational Trivia 2:30-3:00 PM Table Talk Social 3:00-4:00 PM List it Game 6:00 PM Evening Walk (SL) LABOR DAY	2 10:00-10:30 AM Food Committee 10:30-11:30 AM Resident Council 1:30-2:00 PM Afternoon Stretch 2:00-3:00 PM Catholic Mass 3:00-4:00 PM Tuesday Tea 6:00-6:30 PM Nail Salon	3 10:45-11:15 AM Morning Stretch 1:30-3:00 PM Crafting Corner 3:30-4:30 PM BINGO 6:00-7:00 PM MUSIC: Rick, Sticks & Stash Blues Band 	4 10:00-12:30 PM Chair Cardio 1:00-3:30 PM TRIP: Walmart 4:00- 5:00 PM TSPJ Card Club 6:00-6:30 PM Evening Stretch 8:20 PM NFL Club Begins Dallas Cowboys v. Philadelphia Eagles (RL/SFL) 	5 10:15-11:15 AM Yoga with Eileen 1:15-2:00 PM Journaling 101 2:30-3:30 PM TGIF Karaoke 3:30- 4:30 PM Connections Social 6:00 – 6:30 PM Classic Comedy 	6 10:15-10:45 AM Get Movin' 1:00-2:00 PM Nail Salon 2:00 -3:00 PM S'more Social 3:30- 4:30 PM Craft Corner 6:00- 8:00 PM At the Movies 
7 10:00 AM New Life Van Pick-up 1:00 PM NFL Club (RL) 2:00-4:00 PM Movie Matinee 6:30 PM Karaoke with John (RL) ASSISTED LIVING WEEK	8 10:30 AM BYOM Coffee Shop (SL) 10:45-11:15 AM Really Good News 1:30-2:30 PM Hero Photo booth 2:30-3:30 PM TSPJ Heroes Social 4:00- 5:00 PM RightNow Media 6:00 PM Evening Walk (SL) SUPER HERO MONDAY	9 10:30-11:30 AM LE Meeting 1:30-2:00 PM Afternoon Exercise 2:30-3:30 PM Street Taco Social 3:00-4:00 PM TSPJ Jeopardy 6:00- 6:30 PM Nail Salon TACO TUESDAY	10 8:00-9:45 AM TRIP: Breakfast Out 10:45-11:15 AM Morning Stretch 1:30-2:30 PM Ohana Photo contest 2:30-3:30 PM OHANA Social 3:30-4:30 PM BINGO 6:00-6:30 PM Guided Meditation OHANA WEDNESDAY	11 8:46 AM Nat'l Moment of Silence 10:00-12:00 PM Jewelry Making 2:00-3:00 PM MUSIC: BOSCO 4:00- 5:00 PM TSPJ Service Project 6:00-6:30 PM Evening Stretch PATRIOTS DAY	12 10:15-11:15 AM Yoga with Eileen 1:30-3:00 PM Soothing Hands 3:00-3:30 PM GLOW Party Social 3:30-4:30 PM All A-Glow Karaoke 6:00- 6:30 PM Restful Meditation WE "SHINE" FRIDAY	13 10:15-10:45 AM Get Movin' 2:00 -3:00 PM Saturday Social 3:30-4:30 PM Craft Corner 6:00- 8:00 PM At the Movies 
14 10:00 AM New Life Van Pick-up 1:00 PM NFL Club (RL) 2:00-4:00 PM Movie Matinee 6:30 PM Karaoke with John (RL) 	15 10:30 AM BYOM Coffee Shop (SL) 10:45-11:15 AM Really Good News 1:30-2:30 PM Lifelong Learning 3:30- 4:00 PM Rabbi Visits 4:00- 5:00 PM RightNow Media 6:00 PM Evening Walk (SL)	16 10:00-11:30 AM Diamond Art 1:30-2:00 PM Afternoon Exercise 2:00-3:00 PM Catholic Mass 3:00-4:00 PM Fellowship Social 6:00 -6:30PM Nail Salon 	17 10:00-Noon TRIP: High Point Park 1:15-2:00 PM Morning Stretch 2:00-3:00 PM Connections Social 3:30-4:30 PM BINGO 6:00-6:30 PM Guided Meditation	18 10:45-11:15 AM Chair Cardio 1:15-2:15 PM Rosie Visits 4:00- 5:00 PM TSPJ Card Club 6:00-6:30 PM Evening Stretch 	19 10:15-11:15 AM Yoga with Eileen 1:15 – 2:00 PM Short Story 2:30-3:30 PM Crooners' Karaoke 3:30-4:30 PM Right-Left-Center 6:00 -6:30 PM Zendangle	20 10:15-10:45 AM Get Movin' 1:00-2:00 PM Nail Salon 2:00 -3:00 PM Grace Fellowship 3:30- 4:30 PM Craft Corner 6:00- 8:00 PM At the Movies
21 10:00 AM New Life Van Pick-up 1:00 PM NFL Club (RL) 2:00-4:00 PM Movie Matinee 6:30 PM Karaoke with John (RL) 	22 10:30 AM BYOM Coffee Shop (SL) 10:45-11:15 AM Really Good News 1:30-2:30 PM Lifelong learning 3:30- 4:00 PM Afternoon Stretch 4:00- 5:00 PM Rosh Hashanah 6:00 PM Evening Walk (SL) 	23 10:00-11:30 AM Diamond Art 1:00-3:30 PM TRIP Soons Orchard 3:30-4:00 PM Trivia Tuesday Social 4:00-4:30 PM Modern Jeopardy 6:00 -6:30PM Nail Salon 	24 10:45-11:15 AM Morning Stretch 1:30-3:00 PM Crafting Corner 3:00-3:30 PM Iced Coffee Social 3:30-4:30 PM BINGO 6:00-6:30 PM Guided Meditation	25 10:00-12:00 PM Jewelry Making 1:30-3:00 PM Apple Baking 101 3:30-4:00 PM Word In A Word 4:00- 5:00 PM TSPJ Card Club 6:00-6:30 PM Evening Stretch 	26 10:00-11:30 PM Photo Booth 10:45-11:15 AM Line Dancing 1:15-2:00 PM Chili Cookoff 2:00-2:30 PM Awards Ceremony 2:30-3:30 PM Liberty Tree Ranch 3:30-4:00 PM Scarecrow Social 4:00-5:00 PM Cowboy Sing-along 6:00-6:30 PM Nail Salon SENTINEL HARVEST DAY	287 10:15-10:45 AM Get Movin' 2:00 -3:00 PM Saturday Social 3:30-4:30 PM Craft Corner 6:00- 8:00 PM At the Movies 
28 10:00 AM New Life Van Pick-up 1:00 PM NFL Club (RL) 2:00-4:00 PM Movie Matinee 6:30 PM Karaoke with John (RL) 	29 10:30 AM BYOM Coffee Shop (SL) 10:45-11:15 AM Really Good News 1:30-2:30 PM Lifelong Learning 3:30- 4:00 PM Afternoon Stretch 4:00- 5:00 PM RightNow Media 6:00 PM Evening Walk (SL)	30 10:00-11:45 AM TRIP: Foliage Drive 1:30-2:00 PM Afternoon Exercise 2:00-3:00 PM Birthday Bash with Bob Martinson 3:30-4:30 PM Hollywood series 6:00- 6:30 PM Evening Walk (SL) 	EVERNING MOVIES at 6:00 PM in the Sentinel Movie Theater All programs conducted in LE Center by LE staff member unless otherwise specified KEY: <u>S</u>FL= 2nd FL lounge <u>L</u>B= Library <u>B</u>P= Back Patio <u>LE</u>P= Life Enrichment Patio <u>S</u>= Salon <u>MT</u>= Movie Theater <u>SL</u>+ Self-Led <u>RL</u>= Resident Led <u>V</u>= Volunteer/group *BYOM= <u>B</u>ring <u>Y</u>our <u>O</u>wn <u>M</u>ug 9/8-9/14 National Assisted Living Week		BUS EXCURSIONS 9/4 Walmart 9/10 Breakfast at Perkins 9/17 High Point Park, NJ 9/23 Soons Orchard 9/30 Foliage Trip MUSIC/ENTERTAINMENT 9/3 Blues/Rock Band 9/11 Bosco 9/20 Grace Fellowship 9/30 Bob Martinson	SAVE THE DATES 9/2 Food Committee & Resident Council 9/5,9/12, 9190 Yoga with Eileen 9/9 Life Enrichment Meeting 9/15 Preparing for Jewish Holiday 9/19 Catholic Mass 9/20 Grace Fellowship Service 9/26 Chili Cook off 9/26 Liberty Tree Petting Zoo 9/30 Monthly Birthday Party