

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Key Legend SFL= 2 nd FL Lounge LB= Library SFL= 2 nd FL Lounge RL= Resident Led PDR= Private Dining Room V= Volunteer/ group SL= Self Led MT= Movie Theater LE= Life Enrichment Room FD= Front Desk T= Movie Theater FW= Facility Wide	 <p>2026</p> <p>JANUARY LIFE ENRICHMENT CALENDAR</p> <p>Happy New Year 2026</p>					
4 National Trivia Day	5 *Allowance Day*	6	7	8 \$ Sentinel Store \$	9 Music & Memories	10
10:20-11:45A.M. Faith Bible Van (O) 10:30-11:30A.M. Sing Along (LE) 1:00-2:00P.M. Ring Toss Game (R) 1:30-3:00P.M. Chess Club (LE) 2:00-3:00P.M. Trivia Game (LE) 3:30-4:30P.M. Bingo Game (LE) 6:00-8:00P.M. Movie Time (T)	10:30-11:30A.M. Chair Yoga (LE) 10:30-11:30A.M. Duke-Therapy Dog Visit (FW) 1:00-2:15P.M. Table Top Games (LE) 1:30-2:30P.M. Bible Study (PDR) 2:30-3:15P.M. Soothing Hands (LE) 3:30-4:30P.M. Indoor Bowling (LE) 5:30-7:00P.M. Sunshine Club w. Kevin (LE)	10:30-11:30A.M. Movement and Music (LE) 1:00-2:00P.M. Resident Council Meeting (LE) 2:00-3:00P.M. "Eyes See" Trivia Game (LE) 3:30-4:30P.M. Bingo Game (LE) 6:00-7:00P.M. Movie Time (T)	10:30-11:30A.M. Movement & Ball Toss (LE) 11:30-12:00 1:1 w. Stanchee (LE) 1:00-1:30 P.M. Rosary (PDR) 1:30-2:00P.M. Mass w. Father Silva (PDR) 2:00-3:00P.M. Sports Talk w Sandi (LE) 3:30-4:30P.M. Bingo Game (LE) 6:00-8:00P.M. Movie Time "Oldies" (T)	10:30 11:30A.M. Chair Yoga (LE) 11:10-12:00P.M. 1:1 w. Stanchee (LE) 1:00-2:15P.M. Sentinel Store (LE) 1:30-3:30P.M. Chess Club (LE) 2:30-3:30P.M. Trivia Game (LE) 3:30-4:30P.M. Bingo Game 5:45-8:00P.M. Movie Time (T) (LE)	10:30-11:30A.M. Exercise Group (LE) 1:15-2:15P.M. P.M. Music w Donna (LE) 2:00-3:00P.M. Resident Led Shabbat Service (PDR) 2:00-3:00P.M. Table Talk w Staff (LE) 3:30-4:30P.M. Super Bingo (LE) 6:00-8:00 P.M. Movie Time (T)	9:30-10:00A.M. Current Events (LB) 10:30-11:30A.M. Walk it Out (R) 1:00-2:00P.M. Spanish Rosary (PDR) 2:30-4:00P.M. Movie Time (T) 6:00-7:00P.M. Individual: Word Search/ Puzzles/Coloring (LB)
11	12	13	14 Music w. Latina	15	16	17 Ditch the New Year's Resolutions Day
10:20-11:45A.M. Faith Bible Van (O) 10:30-11:30A.M. Balloon Toss Activity (LE) 1:00-2:30P.M. Word Games (R) 1:30-3:00P.M. Chess Club (LE) 2:00-3:00P.M. Happy Feet Dance Group (LE) 3:30-4:30P.M. Bingo Game (LE) 6:00-8:00P.M. Movie Time (T)	10:30-11:30A.M. Chair Yoga (LE) 11:30-12:00 A.M. 1:1 w. Stanchee (LE) 1:00-2:30P.M. Zen-Doodling (LE) 1:30-2:30P.M. Bible Study (PDR) 3:30-4:30P.M. Exploring Table Top Games (LE) 5:30-7:00P.M. Sunshine Club w. Kevin (LE)	10:30-11:30A.M. Exercise Group (LE) 11:00-11:45A.M. Sing Along (LE) 1:00-2:00P.M. Food Committee Meeting (LE) 2:00-3:00P.M. Sports Talk w. Sandi (LE) 3:30-4:30P.M. Bingo Game (LE) 6:00-8:00P.M. Movie Time (T)	10:00-11:00A.M. Movement & Balloon Volleyball (LE) 11:00-12:00A.M. Rev George Visit (LE) 1:00-2:30P.M. Rosary (PDR) 2:00-3:00P.M. Music w. Latina (LE) 4:30-4:45P.M. Bingo Game (LE) 6:00-8:00P.M. Movie Time "Oldies" (T)	10:30 11:30A.M. Chair Yoga (LE) 1:30-3:00P.M. Chess Club (LE) 1:00-2:00P.M. Baking Club (LE) 2:00-2:45P.M. Hot Chocolate Social (LE) 2:45-3:15P.M. Table Talk w Nurse (LE) 3:30- 4:30P.M. Indoor Bowling (LE) 5:50-6:30P.M. Bingo Game (MT)	10:30-11:30A.M. Exercise Group (LE) 11:30-12:00A.M. 1:1 w. Inga 1:15-2:00P.M. Arts & Crafts (LE) 2:00-3:00P.M. Resident Led Shabbat Service (PDR) 2:00-3:00P.M. Indoor Bowling (LE) 3:30-4:30P.M. Super Bingo (LE) 6:00-8:00 P.M. Movie Time (T)	9:30-10:00A.M. Current Events (LB) 10:30-11:30A.M. Walk it Out (R) 1:00-2:00P.M. Spanish Rosary (PDR) 2:30-4:00P.M. Movie Time (T) 6:00-7:00P.M. Individual: Word Search/ Puzzles, Coloring (LB)
18	19 Martin Luther King Jr. Day	20 January Birthday Party	21	22	23 Chair Zumba	24
10:20-11:45A.M. Faith Bible Van (O) 10:30-11:30A.M. Music & Movement (LE) 1:00-1:15P.M. Sing Along (R) 1:30-3:00P.M. Chess Club (RL) 2:15 3:00P.M. Ring Toss Game (LE) 3:30-4:30P.M. Bingo Game (LE) 6:00-8:00P.M. Movie Time (T)	10:00-11:00A.M. Chair Yoga (LE) 11:00-12:00A.M. "Law & Order" Improv Theatre w. Aytan (LE) 1:15- 2:00 P.M. Word Games (LE) 2:00-3:00P.M. January Birthday Party w. Bosco (LE) 3:30-4:30P.M. Bingo Game (LE) 6:00-8:00P.M. Movie Time (T)	10:30-11:30A.M. Music & Movement (LE) 10:00-12:00 1:1 w. Stanchee (LE) 1:15- 2:00 P.M. Word Games (LE) 2:00-3:00P.M. January Birthday Party w. Bosco (LE) 3:30-4:30P.M. Bingo Game (LE) 6:00-8:00P.M. Movie Time (T)	10:30-11:30A.M. Movement & Ball Toss (LE) 11:00-12:00A.M. Soothing Hands (LE) 1:00-1:30P.M. Rosary/ (PDR) 1:30-2:00P.M. 1:1 w. Inga (LE) 2:00-3:00P.M. Happy Feet Dance Group (LE) 3:30-4:30P.M. Bingo Game (LE) 6:00-8:00P.M. Movie Time "Oldies" (T)	10:30 11:30A.M. Chair Yoga (LE) 1:30-3:00P.M. Chess Club (LE) 1:30-3:00P.M. Baking Club (LE) 2:00-3:00P.M. Karaoke/ Sing Along (LE) 3:00-3:30P.M. Table Talk w. Staff (LE) 5:30-6:30P.M. Bingo Game (MT)	10:30 11:30A.M. Balloon Volleyball (LE) 1:30-2:05P.M. Zumba w. Suzi (LE) 2:00-3:00P.M. Resident Led Shabbat Service (PDR) 2:00-3:00P.M. Painting Class (LE) 3:30-4:30P.M. Super Bingo (LE) 6:00-8:00 P.M. Movie Time (T)	9:30-10:00A.M. Current Events (LB) 10:30-11:30A.M. Walk it Out (R) 1:00-2:00P.M. Spanish Rosary (PDR) 2:30-4:00P.M. Movie Time (T) 6:00-7:00P.M. Individual: Word Search/ Puzzles, Coloring (LB)
25	26	27 International Holocaust Remembrance	28	29 Lunar New Year	30	31
10:20 11:45A.M. Faith Bible Van (O) 10:30-11:30A.M. Music & Balloon Toss (LE) 1:00-2:00P.M. Sing Along (LE) 1:30-3:00P.M. Chess Club (RL) 2:30-3:30P.M. Family Feud Game (LE) 3:30-4:30P.M. Bingo Game (LE) 6:00-8:00 P.M. Movie Time (T)	10:30-11:30A.M. Exercise Group (LE) 1:15-2-00P.M. Sing Along (LE) 2:15-3:15P.M. Indoor Bowling (LE) 3:00-4:00P.M. Opera Club (LE) 5:30-7:00P.M. Sunshine Club w. Kevin (LE)	10:30-11:30A.M. Individual Activities (LE) 1:00-1:30P.M. Rosary (PDR) 1:00-2:00P.M. Water Color Paint. (LE) 2:00-3:00P.M. Music w. Jeffry (LE) 3:30-4:30P.M. Bingo Game (LE) 6:00-8:00P.M. Movie Time (T)	10:00-11:00A.M. Morning Movement (LE) 11:30-12:00A.M. Rev George Visit (LE) 1:00-1:30P.M. Rosary (PDR) 1:30-3:00P.M. Tabletop Games (LE) 2:00-3:00P.M. Sports Talk w. Sandi (LE) 3:30-4:30P.M. Bingo Game (LE) 5:45-8:00P.M. Movie Time "Oldies" (T)	10:30 11:30A.M. Chair Yoga (LE) 1:30-3:00P.M. Chess Club (LE) 1:30-3:00P.M. Tabletop Games (LE) 2:00-3:00P.M. Karaoke/ Sing Along (LE) 3:00-3:30P.M. Table Talk w Nia (LE) 5:30-6:30P.M. Bingo Game (MT)	10:30 11:30A.M. Balloon Volleyball (LE) 1:00-2:00P.M. Trivia Game (LE) 2:00-3:00P.M. Shabbat Service w. Rabbi Heber (PDR) 2:00-3:00P.M. Painting Class (LE) 3:30-4:30P.M. Super Bingo (LE) 6:00-8:00 P.M. Movie Time (T)	9:30-10:00A.M. Current Events (LB) 10:30-11:30A.M. Walk it Out (R) 1:00-2:00P.M. Spanish Rosary (PDR) 2:30-4:00P.M. Movie Time (T) 6:00-7:00P.M. Individual: Word Search/ Puzzles, Coloring (LB)
All programs are subject to change All programs conducted by Inga Bagata or Stanchee Jenkins in Life Enrichment Room unless otherwise specified 9:30 A.M. On Weekdays & Sunday: Current Events Activity						

