

The Sentinel Port Jarvis – Happenings for January 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Save The Date 1/6 Food Committee 1/6 Resident Council 1/9, 16 & 23 Yoga w/Eileen 1/13 & 1/27 Bible Study w/Claude 1/14 TSPJ Pajama Party 1/17 Grace Fellowship 1/19 Rabbi Chanowitz Visit 1/20 Catholic Mass w/ Fr Cheta	BUS EXCURSIONS 1/10 West Fall Shoppes 1/16 Walmart 1/23 Men's Breakfast 1/29 Bowling ENTERTAINMENT 1/7 Just Us 1/14 Alex 1/21 Cap N Jack Sing Along 1/28 Bosco			1 10:30-11:00 AM Bend & Stretch 11:00- 1:00 PM Rose Bowl Parade 2:00-3:00 PM Our Slideshow Social 3:00-5:00 PM TSPJ Card Club 6:00-7:30 PM Karaoke w/John (RL) 	2 10:30-11:00 AM Guided Meditation 1:15-2:00 PM Short Story 2:00-2:30 PM Peach Trifle Social 2:30- 3:30 PM TGIF Karaoke 3:30-4:30 PM History: Georgia 6:00 PM Board Game Club (SL) 	3 10:30-11:00 AM Music & Movement 1:00 -2:00 PM Computer Class 2:00-3:00 PM Eskimo Pie Social 3:00 -3:30 PM TSPJ Card Club 3:30-4:30 PM Travel: Alaska 6:15-7:30 PM Saturday Night Movie 
4 10:00 AM New Life Van Pick-up 1:00 PM NFL Club (RL) 2:00-4:00 PM Movie Matinee 6:30 PM Karaoke with John (RL) 	5 10:30 AM BYOM Coffee Shop (SL) 10:45-11:15 AM Really Good News 1:30-2:00 PM Brain Games 2:00-3:00 PM Indoor Volleyball 3:30- 4:30 PM Living At TSPJ 6:00– 6:30PM Twelfth Night 	6 10:00-10:30 AM Food Committee 10:30-11:30 AM Resident Council 1:30-2:00 PM Core-cardio Exercise 2:00-2:30 PM Culture: Epiphany 2:30-3:00 PM Lil' Christmas Social 3:00-3:30 PM TLC Moment 3:30-4:30 PM Bible with Harold 6:00-6:30 PM Evening Stretch	7 10:15-12:00 PM TRIP: Walmart 1:30-2:30 PM Jewelry w/Marie 2:30-3:00 PM Thelma McQueen 3:30-4:30 PM BINGO 6:00-7:00 PM MUSIC: Just Us 	8 10:30-11:00 AM Bend & Stretch 11:00-11:45 AM Daily Devotional 1:30-3:00 PM Craft Corner 3:00- 5:00 PM TSPJ Card Club 6:00-6:30 PM Happy Birthday Elvis 	9 10:15-11:00 AM Yoga w/Eileen 1:15-2:30 PM Poetry Writing 2:30-3:30 PM Country Karaoke 3:30-4:30 PM History: Law Enforcement 6:00 PM Board Game Club (SL) 	10 10:30-11:00 AM Music & Movement 1:00 -2:00 PM Nail Salon 2:00-3:00 PM Saturday Social 3:00 -3:30 PM TSPJ Card Club 3:30-4:30 PM Science: The Eagle 6:15-7:30 PM Saturday Night Movie 
11 10:00 AM New Life Van Pick-up 1:00 PM NFL Club (RL) 2:00-4:00 PM Movie Matinee 6:30 PM Karaoke with John (RL) 8:00 PM Golden Globe Awards 	12 10:30 AM BYOM Coffee Shop (SL) 10:45-11:15 AM Really Good News 11:15-12:00 PM Chef Demo 1:30-2:00 PM Motown Cardio 2:00-3:00 PM No Bake Pie Social 3:30- 4:30 PM Lifelong Learning 6:00-6:30 PM Under the Sea 	13 10:00-10:30AM Tone It Up Exercise 10:45-11:30 AM Life Enrichment Mtng 1:00-3:00 PM TRIP: West Fall Plaza 3:30-4:30 PM Bible Study w/Claude 6:00-6:30 PM Evening Stretch 	14 10:15-11:00 PM Culture: Makar Sankranti 10:30 -11:00 AM Belly Dancing 101 2:00-3:00 PM MUSIC: Alex 3:30-4:30 PM BINGO 6:00-7:30 PM TPSJ Pajama Party 	15 10:30-11:00 AM Bend & Stretch 11:00-11:45 AM Daily Devotional 1:15-2:15 PM Rosie Visits 2:00-3:00 PM It's A Guy Thing 3:00- 5:00 PM TSPJ Card Club 6:00-6:30 PM Humanitarian Acts 	16 10:30-11:00 AM Deep Relaxation 1:30-2:00 PM Nature: Dragon 2:00-2:30 PM Dragons in Pop Culture 2:30-3:30 PM Dragon Fruit Social 3:30-4:30 PM DryBar Comedy 6:00 PM Board Game Club (SL)	17 10:30-11:00 AM Music & Movement 1:00 -2:00 PM Nail Salon 2:00-3:00 PM Grace Fellowship Worship service 3:30 -4:30 PM Ben Franklin 6:15-7:30 PM Saturday Night Movie 
18 10:00 AM New Life Van Pick-up 1:00 PM NFL Club (RL) 2:00-4:00 PM Movie Matinee 6:30 PM Karaoke with John (RL) 	19 10:30 AM BYOM Coffee Shop (SL) 10:45-11:15 AM Really Good News 1:30-2:00 PM Noodle Hockey 2:00-3:00 PM Rabbi Chanowitz Visits 3:30- 4:30 PM Martin Luther King 6:00 -6:30PM Poetry Prompts (SL)	20 10:30-11:00 AM Core Exercise 1:30-2:00 PM Worship & Praise 2:00-3:00 PM Catholic Mass w/ Fr Cheta 3:00-4:00 PM Fellowship Social 6:00-6:30 PM Evening Stretch	21 10:30-11:00 AM Belly Dancing 101 2:00-3:00 PM MUSIC: Cap N Jack 3:30-4:30 PM BINGO 6:00-7:30 PM History: Disco 	22 8:00-9:30 PM TRIP: Men's Breakfast 10:30-11:00 AM Bend & Stretch 11:00-11:45 AM Daily Devotional 1:30- 2:00 PM Queen Victoria 2:00-3:00 PM Tea & Cakes Social 3:00-5:00 PM TSPJ Card Club 6:00-6:30 PM Who, What Where? 	23 10:15-11:00 AM Yoga w/Eileen 1:15-2:00 PM Creative Writing 101 2:30-3:30 PM Rock N Roll Hall of Fame 3:00-4:30 PM TGIF Karaoke 6:00 PM Board Game Club (SL)	24 10:30-11:00AM Music & Movement 1:00 -2:00 PM Nail Salon 2:00-3:00 PM Saturday Social 3:00 -3:30 PM TSPJ Card Club 3:30-4:30 PM Culture: Africa 6:15-7:30 PM Saturday Night Movie
25 10:00 AM New Life Van Pick-up 1:00 PM NFL Club (RL) 2:00-4:00 PM Movie Matinee 6:30 PM Karaoke with John (RL) 	26 10:30 AM BYOM Coffee Shop (SL) 10:45-11:15 AM Really Good News 1:30-2:00 PM Chair Cardio 2:00-3:00 PM Soda Fountain Social 3:00- 4:30 PM Macramé 6:00-6:30 PM History: Great Wall	27 10:30-11:00 AM Core Exercise 1:30-2:00 PM Group Piano Lesson 2:00-3:00 PM Tuesday Trivia 3:30-4:30 PM Bible Study w/Claude 6:00-6:30 PM Evening Stretch 	28 10:30-11:00 AM Belly Dancing 101 2:00-3:00 PM Birthday Bash with Bosco 3:30-4:30 PM BINGO 6:00-6:30 PM Nail Salon 	29 10:30-11:00 AM Bend & Stretch 11:00-11:45 AM Daily Devotional 1:30 PM-2:00 PM Puzzle Club 2:00-3:00 PM Throwback Thursday 3:00- 5:00 PM TSPJ Card Club 6:00-6:30 PM Jigsaw puzzles 	30 10:15-11:00 AM Tai Chi Form 1:00 -3:00 PM TRIP: Bowling 3:00-3:30 PM Mixology 101 3:30-4:30 PM TGIF Karaoke 6:00 PM Board Game Club (SL) 	31 10:15-10:45 AM Music & Movement 1:00 -2:00 PM History: Cola 2:00-3:00 PM Coco-cola Social 3:00 -3:30 PM TSPJ Card Club 3:30-4:30 PM Knitting Corner 6:15-7:30 PM Saturday Night Movie 

DAILY PROGRAMS: *Daily Chronicles* are available in English and Spanish **EVENING MOVIES** at 6:30 PM in the Sentinel Movie Theater (Tuesday - Saturday)
SCHEDULED ACTIVITIES are conducted by the LE department staff in the LE Center unless otherwise listed. Scheduled activities are subject to change.

