

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

August 2026

						♣9:30 Trivia Takedown ♣10:00 Jumbo Group Crossword ♣11:00 Bingo ♣1:30 Golf 2:30 Resident Choice Movie(MT) ♣3:00 UNO
♣10:30 Fitness (MT) ♣11:00 Board Games(R) ♣1:30 Word Games ♣2:30 Sacred Heart Services (L) ♣3:00 Pling Plong ♣4:00 Jelly Fish Craft 6:00 Movie (MT)	♣10:00 Spanish Club w/ Fernando (R) ♣10:30 Fitness (MT) ♣11:00 Bible Study (L) ♣1:30 Bingo (IC) ♣3:00 Tic Tac Toss	♣10:00 Chess Club (IC) ♣10:00 Op. Library (R) ♣10:30 Fitness (MT) ♣11:00 Knit-Chat Club 1:00 Trip Make Up: Dollar Tree (no sign up) ♣1:30 Pray the Rosary(L) ♣3:00 Corn Hole	Hoboken Style 10-4 ♣10:30 Fitness (MT) ♣11:00 Wellness Wednesday ♣1:00 Walking Club (LO) ♣1:30 Bingo ♣2:30 Left Right Center ♣4:00 Art Pass	♣10:30 Fitness (MT) ♣11:00 Garden Club ♣1:30 Heads Up Taboo 2-4pm Ice Cream Truck Meet us Outside! ♣4:00 Poker	♣10:30 Fitness (MT) ♣11:00 Men's Club ♣1:15 Shabbat Services (FFP) ♣2:30 Johnny Tremendous Show ♣4:00 Bowling	♣9:30 Trivia Takedown ♣10:00 Spin the wheel ♣11:00 Bingo ♣1:30 Basketball 1:30 Resident Choice Movie(MT) 3:00 Fellowship w/ ICF
♣9:30 Odd Jobs ♣10:30 Fitness (MT) ♣11:00 Think Outside the Box ♣1:30 Golf ♣2:30 Jenga 2:30 Resident Choice Movie! (MT)	♣10:00 Spanish Club w/ Fernando (R) ♣10:30 Fitness (MT) ♣11:00 Bible Study (L) ♣1:30 Bingo (IC) ♣3:00 Open Art	♣10:00 Chess Club (IC) ♣10:00 Op. Library (R) ♣10:30 Fitness (MT) ♣11:00 Knit-Chat Club ♣1:30 Pray the Rosary(L) ♣2:00 Resident Council ♣3:00 Word Games ♣4:00 Axe Throwing	♣10:30 Fitness (MT) ♣11:00 Wellness Wednesday ♣1:00 Walking Club (LO) ♣1:30 Tic Tac Toss ♣2:30 Spoons (FFP) ♣3:30 Alexander & Rimma Live Show	♣10:30 Fitness (MT) ♣11:00 Garden Club 1:00 Trip: Walmart (Sign up on 8/10) ♣2:30 Group Wall Mural: Flip Flops ♣3:30 Poker	Marleney's Jewelry 3-4 ♣10:30 Fitness (MT) ♣11:00 Men's Club ♣1:15 Shabbat Services (FFP) ♣2:30 Minute to Win It (P) ♣4:00 Ladder Toss	♣9:30 Trivia Takedown ♣10:00 Categories ♣11:00 Bingo ♣1:30 Bean Bag Toss 2:30 Resident Choice Movie(MT) ♣3:00 Family Feud
♣9:30 Odd Jobs ♣10:30 Fitness (MT) ♣11:00 Connect4 Challenge 1:30 Choice Movie! ♣1:30 Carolew's Piano Tribute ♣2:30 UNO	♣10:00 Spanish Club w/ Fernando (R) ♣10:30 Fitness (MT) ♣11:00 Bible Study (L) ♣1:30 Bingo (IC) ♣3:00 Name 5	♣10:00 Chess Club (IC) ♣10:00 Op. Library (R) ♣10:30 Fitness (MT) ♣11:00 Knit-Chat Club ♣1:30 Pray the Rosary(L) ♣2:00 Food Council ♣3:00 Word Games ♣4:00 Horse Races	♣10:30 Law & Order & Football with Aytan ♣11:30 Fitness (MT) ♣1:00 Walking Club (LO) ♣1:30 Hibiscus Flower Craft ♣2:30 Poker ♣4:00 Balloon Ball	♣10:30 Fitness (MT) ♣11:00 Garden Club 1:00 Trip: Rockland Bakery (Sign up on 8/17) ♣2:30 Think OutsidetheBox ♣3:30 Summer Luau:	♣10:30 Fitness (MT) ♣11:00 Men's Club ♣1:15 Shabbat Services (FFP) ♣2:30 Group Crossword ♣4:00 Basketball	♣9:30 Trivia Takedown ♣10:00 Corn Hole ♣11:00 Bingo 1:15 Resident Choice Movie(MT) 3:00 Fellowship w/ ICF
♣10:30 Fitness (MT) ♣11:00 Board Games (R) ♣1:30 Chase the Word ♣2:30 Golf ♣3:30 Open Art 6:00 Resident Choice Movie! (MT)	♣10:00 Spanish Club w/ Fernando (R) ♣10:30 Fitness (MT) ♣11:00 Bible Study (L) ♣1:30 Bingo (IC) ♣3:00 Categories	♣10:00 Chess Club (IC) ♣10:00 Op. Library (R) ♣10:30 Fitness (MT) ♣11:00 Knit-Chat Club ♣1:30 Pray the Rosary(L) ♣2:00 Tic Tac Toss ♣3:00 Hangman ♣4:00 Horse Races	♣10:30 Fitness (MT) ♣11:00 Wellness Wednesday ♣1:00 Walking Club (LO) ♣1:30 The Goldtones Band ♣3:00 Poker ♣4:00 Corn Hole	♣10:30 Fitness (MT) ♣11:00 Garden Club ♣1:30 Axe Throwing ♣2:30 Resident Showcase: Peter Honig Film ♣4:00 Spa Day Nails!	♣10:30 Fitness (MT) ♣11:00 Men's Club ♣1:15 Shabbat Services (FFP) ♣2:30 Basketball ♣4:00 Left Right Center	♣9:30 Trivia Takedown ♣10:00 Balloon Ball ♣11:00 Bingo ♣1:30 Ladder Toss 2:30 Resident Choice Movie(MT) ♣3:00 Apples to Apples
♣9:30 Odd Jobs ♣10:30 Fitness (MT) ♣11:00 Word Games ♣1:30 Knock Out Shuffleboard ♣2:30 Think Outside the Box 2:30 Choice Movie! (MT)	♣10:00 Spanish Club w/ Fernando (R) ♣10:30 Fitness (MT) ♣11:00 Bible Study (L) ♣1:30 Bingo (IC) ♣3:00 Birthday Party! ♣3:30 Dancing with Dolan	All Trip Sign-ups are in LE with activities staff from 9am-5pm on mentioned days. Movies announcements on daily schedules or on sign outside the movie theater. ♣ - activity lasts approx. one hour ♣ - activity lasts approx. half hour (L) - Library (LE) - Life Enrichment (MT) - Movie Theater (FFP) - First Floor Parlor/Piano Room (R) - Resident Lead (P) - Patio (IC) - Internet Cafe All activities will be held and/or facilitated by Activity Staff unless noted otherwise. Activities subject to change, please check the daily schedule at the front desk. All Activities will be held in LE unless otherwise noted.				

Sentinel of Rockland ♣ 845-203-4500 ♣ Please see Daily Schedules for more detail, any changes and Wednesday 6pm Movies!